

Note 26(8a): (Recalling Eq. (48) of Note 26(8))

The Bohr energy is:

$$E = \frac{e^2}{8\pi\epsilon_0 r} - \frac{e^2}{4\pi\epsilon_0 r} \quad - (1)$$

where the Bohr radius is:

$$r = \frac{4\pi\epsilon_0 L^2}{me^2} \quad - (2)$$

So

$$E = \frac{me^4}{32\pi^2\epsilon_0^2 L^2} - \frac{me^4}{16\pi^2\epsilon_0^2 L^2} \quad - (3) \quad \checkmark$$
$$= -\frac{me^4}{32\pi^2\epsilon_0^2 \hbar^2}$$

The fine structure constant is:

$$\alpha_f = \frac{e^2}{4\pi\hbar c\epsilon_0} \quad - (4) \quad \checkmark$$

so

$$E = \frac{\alpha_f^2}{n^2} mc^2 \left(\frac{1}{2} - 1 \right) = -\frac{1}{2} \frac{\alpha_f^2}{n^2} mc^2 \quad - (5) \quad \checkmark$$

using

$$L = \hbar n \quad - (6)$$

The Bohr velocity is:

$$v = \omega r = \frac{L}{mr} \quad r = \frac{L}{mv} = \frac{n\hbar}{mv} \quad \checkmark$$
$$= \frac{n\hbar me^2}{4\pi m \epsilon_0 L^2} = \frac{e^2}{4\pi\epsilon_0 \hbar n} = \frac{\alpha_f c}{n} \quad - (7) \quad \checkmark$$

So

$$\frac{v}{c} = \frac{\alpha_f}{n} \quad \checkmark \quad - (8)$$

2) The Sommerfeld energy levels are:

$$E = (\gamma - 1)mc^2 - \frac{e^2}{4\pi\epsilon_0 r} \quad - (9)$$

where

$$\frac{1}{r} = \frac{me^2}{4\pi\epsilon_0 n^2 \hbar^2} \quad - (10)$$

So

$$\begin{aligned} E &= (\gamma - 1)mc^2 - \frac{me^4}{16\pi^2\epsilon_0^2 n^2 \hbar^2} \\ &= (\gamma - 1)mc^2 - \frac{d_f^2}{n^2} mc^2 \\ &= mc^2 \left((\gamma - 1) - \left(\frac{d_f}{n} \right)^2 \right) \quad - (11) \end{aligned}$$

in which:

$$\gamma = \left(1 - \frac{v^2}{c^2} \right)^{-1/2} = \left(1 - \left(\frac{d_f}{n} \right)^2 \right)^{-1/2} \quad - (12)$$

So:

$$E = mc^2 \left(\left(1 - \left(\frac{d_f}{n} \right)^2 \right)^{-1/2} - 1 - \frac{d_f^2}{n^2} \right) \quad - (13)$$

which is Eq. (48), Q.E.D.

To an excellent approximation:

$$\begin{aligned} E &= mc^2 \left(1 + \frac{1}{2} \left(\frac{d_f}{n} \right)^2 - 1 - \frac{d_f^2}{n^2} \right) \\ &= - \frac{1}{2} mc^2 \left(\frac{d_f}{n} \right)^2 \quad - (14) \end{aligned}$$

P.S. : Eq. (5) QED.